

A CULTURE OF THE HEART

I am convinced that when we make our heart the foundation of all our actions we can create the life, culture and world that so many of us, if not all of us, dream of and wish for deep inside but maybe do not consider possible.

Words by Louis Bohtlingk

I see the heart in combination with our head as a very practical instrument. I describe this as using our heart's intelligence or thinking with our heart. I feel that the heart radiates common sense. Its caring nature is fundamental to all our actions.

My background is in counselling, assisting people with what is going on deep inside of themselves in relation to their manifested lives. In that process of self-healing, I find that love is always the point of reference. With every pain we have, conflict we experience, with every disharmony in our lives, we always seek to return to a centre of love, our core, and every time we come home there, we find peace and all is in order.

Our sensitive nature is deeply connected to our love-centre within, our inner beauty. From that place, from that inner connectedness, we can work with and apply Care First and take this further into recreating our economy and society. So many people are doing this worldwide without making the news headlines.

That is why we love to share all this work in our new magazine. All these people are working day and night from their hearts to make the world better and they are all concerned about everywhere in the world where the heart is not applied. I want to do everything to show what the heart can do and place it on the foreground of our consciousness.

My friend Ivo Valkenburg from the Netherlands has been pursuing this throughout his life, also as a financial adviser. He passed over recently. In his book "Love as legal tender he says: "More than ever before, the time has come to learn to stick to the core of love directly. Without intermediaries. Love is your natural state of being."



HOW REAL AND PRACTICAL LOVE IS

Love to me has always been the most natural thing. I see it in everyone and connect with it. It is my point of reference for all I do. I don't even think about it. My mother had a very difficult life through the loss of my father, who passed over at a very young age. But she always radiated love and in that sense taught me and my brother/sister how to love.

I feel that we meet love as our mirror all the time as the voice of our conscience, our moral compass. In that sense it is guiding and assisting us. I experience love as the most practical, grounded and useful energy. It is nothing fluffy or vague. It is powerful and clear and can truly be the foundation of our life and our culture. It is good to believe more in the power of our hearts and understand what we can do with it.

With love as the foundation of our culture we can act in a loving manner towards ourselves, each other and our planet. We can resolve the issues at hand and build the world we wish to live in by collaborating in a heart intelligent manner.