

HOW BEAUTIFUL YOU ARE



From "The Boy, the Mole, the Fox and the Horse", by Charlie Mackesy.

The Boy: "I just don't think I can do this. I will never find a home."

The Fox: "Sometimes your mind can play tricks on you. That you are no good.

That it is all hopeless, but I have discovered this:

You are loved and important and you bring things to this world that no one else can.

So hold on."



"Beauty begins
the moment
you decide
to be yourself."

Coco Chanel

"How could anyone ever tell you,
you are anything less than beautiful.
How could anyone ever tell you,
you are less than Whole.
How could anyone fail to notice
that your loving is a miracle
How deeply you are connected
to my soul."

Song from Shaina Noll



"Remember you are enough"

Unknown Author