

OUR PERSONAL KEY

The personal key is how our essence expresses itself.
The unique way in which we contribute to the world from our heart.

It is connected to the core of our being, and articulates how we naturally operate in the world. It is a part of us that has always been there, something so natural and obvious that we may not even be aware of it – or see the value of it.

People are often focused on the outside world, and forget themselves. A personal key session is an invitation to look within, and get in touch with who you really are, what is important to you, and why you are here.

WHAT OTHERS SAY ABOUT IT

“Knowing who you are surely helps in this exciting time called life. Knowing what you do, what defines you and what makes you so brilliantly unique is an invaluable tool to navigate life altering decisions. The personal key is about all of that. It is the essence of you, your movement through life, your experience, your brilliance put into words.”

Remco Boerma

“The personal key session has helped me to make conscious how I naturally operate in the world: creating an open and safe space for people to become aware of where they are in their lives, where they want to go and what steps help them to fulfil their true potential.

Maurits Hoenders

“The Personal Key is an anchor for me. It always brings me back to my strength and my unique contribution to the world.”

Doranne Janssen

“My personal key is my compass in life. From this place I make choices and navigate my path.”

Karlijn Scheffers

When your personal key is clear, you can take your place in society in a very powerful way. By embracing this gift and expressing it, you make a difference in the world around you, in your unique way. It helps you be your most powerful, authentic self.

EXAMPLES OF PERSONAL KEYS

I care for
the well-being
of all things.

In humility
serving
my wisdom

JUST BE in connection
with nature.

Listening from
a great height and depth
to the heart
and what is needed.

I hold space for us
to move
from fear to love.

True North - my compass
informed by truth, trust
and love.

Through the School of Care we offer
90 min Personal Key sessions,
where a facilitator assists you
with finding your personal key.