

SENSITIVE PERCEPTION

How our sensitive nature perceives the world around us
and the world inside of ourselves.

Words by Louis Bohrtlingk and Jellie Keuning

We perceive the physical world through our five outer senses of sight, hearing, touch, smell, and taste. We can perceive the energetic world in a similar manner through our inner senses: clairvoyance, clairaudience, clairsentience, clair knowing, and even clair tasting and smelling.

Sandra and I are both trained sensitives and intuitive counsellors. This is the foundation of our work. We assist people with becoming more familiar with their sensitive nature which is naturally present in us all.

KIRLIAN PHOTOGRAPHY

Kirlian photography shows us that energetic world as coloured etheric energy around all objects. Our clairvoyance can perceive this.



Photo by Aislinn Faulkner

Many of us, if not all of us, sense energy: the atmosphere in a room, someone's state of being — whether they are loving, tensed, scared, etc. This is our clairsentience. We can receive impressions inside ourselves, a still small voice or whisper, guiding us. We receive these nudges through our clairaudience and clair knowing.

OUR SENSITIVE NATURE

Our sensitive nature perceives this energetic reality. The unfoldment of this part of ourselves doesn't receive a lot of attention. We often don't know what to do with it.

We assist people with their sensitive and psychic experiences and how to understand them, with how to apply these perceptions in our daily lives; with the difficulties we experience by being so sensitive.

Our friend and colleague from the Netherlands, Jellie Keuning, has been assisting people to develop the sensitive and intuitive side of their nature for the last thirty years. She and I have been sharing our experiences.

HEAD AND HEART

We both feel that the main way we operate as people, is to use our brain and physical senses. We agreed that we also need our heart and its sensitive perception, which creates more balance. What is very important to realise, is that the intuitive side of our nature gives us a direct experience of our inner self and the spiritual world.

Jellie shares: "Only wanting to live in our head, is like saying: 'I have two legs, but I'm going to hop on my left leg (my logical side) for 50 years and then I'm going to hop on my right leg (my initiative side) for 50 years. But in order to walk we need both legs: our head and heart. It seems as if we have forgotten that we have two legs, connected to a left and a right brain, which makes us whole."

ALBERT EINSTEIN

She continues: "I often use a quote from Einstein, who says: '**Intuition is a gift from God and intelligence its humble servant.**' We forgot the gift of God and started worshipping the servant — to worship our logical mind and neglect our intuitive side.

"I think that so much starts with an intuitive perception.. A police officer who investigates a case and feels intuitively that there is something not right with the story he hears, decides to explore this first. Or a doctor who listens to a patient's story has the feeling that maybe it's best to examine first the blood. It often starts with the intuitive activity which we then support with our intelligence."

JUST OUR ORDINARY SELF

Our sensitive perception is aware of the energetic world on all levels: physical, emotional, mental, and also on the heart, soul, and spirit levels. This provides us with a very practical experience of Life. I feel that this level of perception is part of our normal, ordinary self. We just have not been, or been made aware of, this beautiful aspect of our own nature and how vital this can be to our life and work.

If you are interested in this kind of development, you can contact Sandra, Jellie, and myself on:
www.carefirstworld.com/contact/