

STEPS OF CARE

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BUILDING A
CARE FIRST WORLD
TOGETHER

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CARE FOR OURSELVES

CARE FOR EACH OTHER

CARE FOR OUR PLANET

Building a Care First World together involves taking steps of care: Caring for ourselves (Self Care First), each other, our planet and all living beings. Every step we each take, makes a difference. It adds up to us building a beautiful world for real.

With each step of care, love is being expressed and very often received. We tend not to forget when someone cares. This builds up an atmosphere of love that covers the planet like a warm blanket in the midst of all the pain and heartache.

When we apply Care First in relation to how we use money powerful things can happen individually and collectively.

Care is a higher part of ourselves. It creates clarity. People end up feeling liberated and empowered inside simply by hearing about the concept of Care First.

It is common to hear people say: "Throughout my whole working life my brain has been operating in a Money First mode. I now see that when I move into Care First mode, I create new openings and possibilities. It energises me. It gives me a sense of hope for myself and our world."

Many people who apply Care First become stronger towards finding work they love and creating the money to support themselves. Doing what we love, often attracts people to our activities. This can start to create the money we need. It is definitely not always easy. Also because the world we have created together does not facilitate this pursuit enough yet.

But Care First can wake us up on the collective level to the notion that we can have the freedom to resolve this and create the financial system and economy we wish to live in.